



Want to be part of Better Together? Join an Action Team! Teams meet monthly or bi-monthly

PHYSICALLY ACTIVE COMMUNITY ACTION TEAM

Unite organizations, ideas, and resources to promote physical activity and provide opportunities for movement for all Lebanon County residents. Goals include promote greater physical activity in schools, promote a more “physically active friendly” environment and amplify physical activity options at community events.

Interested in joining? Contact Melanie Wells at mwells4@wellspan.org

HEALTHY FOOD ACCESS ACTION TEAM

Unite organizations, ideas, and resources to promote healthy food access and choices among Lebanon county residents. Goals include reducing food insecurity, improve food and beverage choices and enhance residents’ knowledge of programs.

Interested in joining? Contact Karen Bachman at kbachman2@wellspan.org

FAMILY & COMMUNITY ENGAGEMENT ACTION TEAM

Engage families and individual community members in a healthier community. Serve as the hub for all healthful events, information, and opportunities in Lebanon County. Action Team goal is to increase awareness of information and increase participation in wellness activities among the community at large.

Interested in joining? Contact Erin Velazquez at erin.velazquez@heart.org

BEHAVIORAL HEALTH ACTION TEAM

Unite social service agencies, county agencies, and behavioral health providers with a focus on connecting the community with existing mental and behavioral health services. Goals include understanding gaps and strengths in mental health support to ensure services are utilized.

Interested in joining? Contact Dale Brickley at dbrickley@wellspan.org

EARLY CHILDCARE ACTION TEAM

Focus on motivating and empowering families and the entire community to take an active role in improving health outcomes for children by focusing their attention on early childcare practices and policies. Promote shared resources, education materials and increase communication among community, centers and parents.

Interested in joining? Contact Krista Pattison at kpattison@pennstatehealth.psu.edu